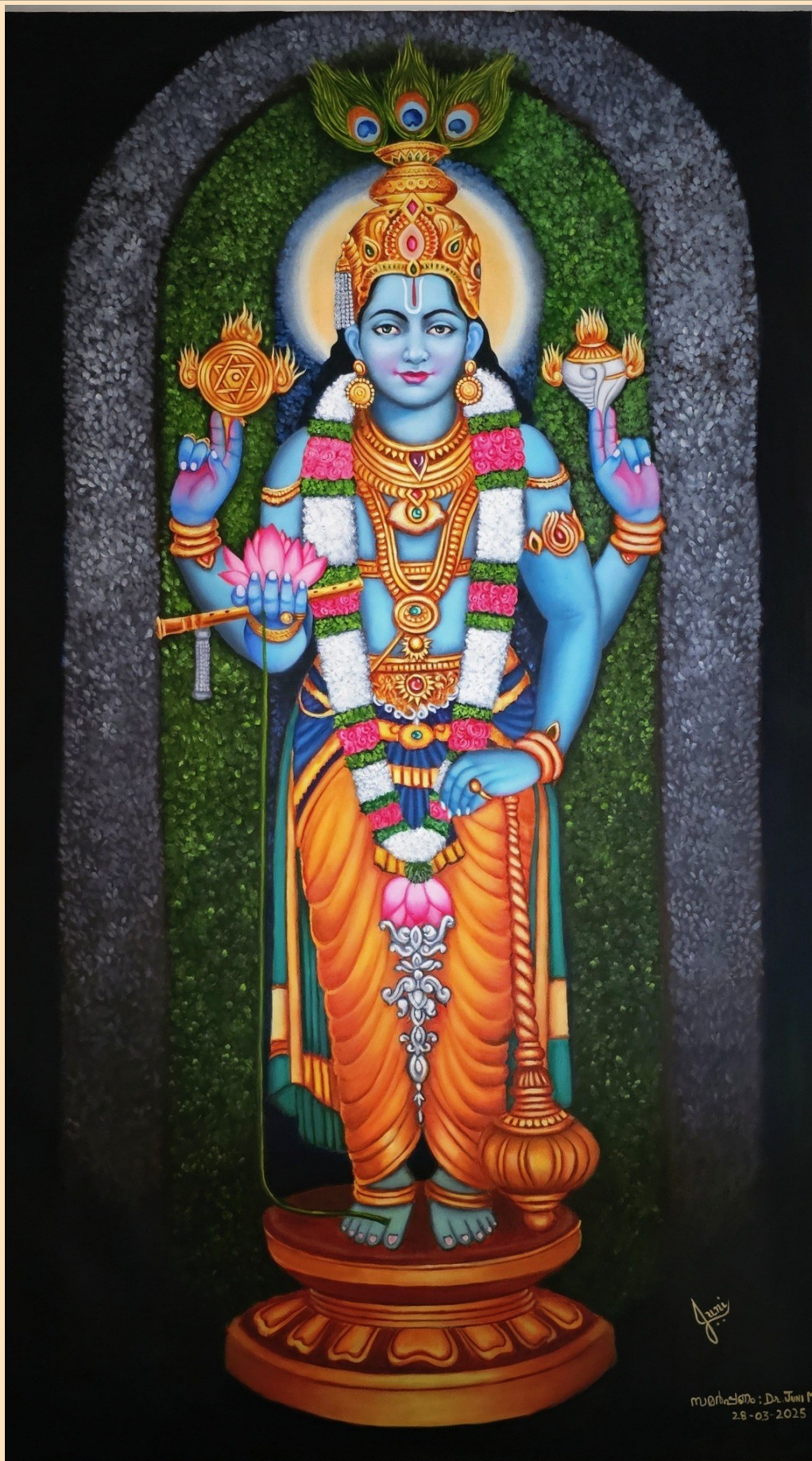


63rd. Edition

REFLECTIONS

AN E-MAGAZINE SHOWCASING THE ARTISTIC TALENTS OF MEDICS
JUNE 2025, VOLUME VI, ISSUE 6.



സമർപ്പണം : Dr. Juni Menon
28-03-2025

Painting by : Dr. Juni Menon

REFLECTIONS



Reflections

An e-magazine showcasing the artistic talents of Medics

Volume: 6

Issue: 6

June 2025

Photography - Dr. Viral Parekh

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Volume 6 Issue 6

01.06.2025

Reflections - An e-magazine showcasing the artistic talents of Medics



Oh Calcutta! - Photography: Dr. Viral Parekh

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Special points of interest:

- **Paintings:** Dr. Bhupendra Manocha, Dr. Juni Menon, & Dr. Kanchan Pathak
- **Photography:** Dr. Sushanta Bhadra, & Dr. Viral Parekh
- **Calcutta Canvas:** Dr. Debjani Gupta

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REFLECTIONS

Volume 6 Issue 6

01.06.2025

Reflections

An e-magazine showcasing the artistic talents of Medics

Radiologist's Musings - Dr. Viral Parekh

Hello there! Namaste! It gives me immense pleasure to bring out yet another issue of Reflections. 63rd. to be precise.

The rise of AI tools like ChatGPT has sparked a debate about whether these technologies are making people less intelligent. Some argue that relying on AI for answers can lead to a decline in critical thinking skills. When individuals turn to AI for information instead of engaging in research or problem-solving on their own, they may miss out on the opportunity to develop their cognitive abilities. This reliance could create a habit of seeking quick answers rather than taking the time to think deeply about a subject.

On the other hand, AI tools can also be seen as helpful resources that enhance learning rather than diminish it. For instance, students can use AI to clarify complex topics or to generate ideas for their projects. When used wisely, these tools can complement traditional learning methods, providing support that encourages curiosity and exploration. Instead of making people dumber, AI can serve as a guide, helping users to navigate through information and understand it better.

Ultimately, the impact of AI on human intelligence depends on how we choose to use these tools. If we rely on them solely for answers without engaging our minds, we might risk losing some of our intellectual skills. However, if we approach AI as a partner in our learning journey, we can harness its potential to expand our knowledge and enhance our understanding of the world. The key lies in finding a balance between utilizing technology and maintaining our own critical thinking abilities.

I want to extend my thanks to Dr. Juni Menon, Dr. Sushanta Bhadra, Dr. B. K. Manocha, Dr. Debjani Gupta and Dr. Kanchan Pathak for their contributions that made this issue possible. I am sincerely grateful to each and every one of them.

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REFLECTIONS

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Volume 6 Issue 6

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Reflections - An e-magazine showcasing the artistic talents of Medics

Are newer synthetic musical instruments and AI killing musical talent?

The rise of advanced technologies and artificial intelligence has sparked a significant debate about their impact on the music industry and the future of musical talent. Many argue that these innovations are undermining the essence of music creation, as they allow for the automation of processes that were once the domain of skilled musicians. With software capable of generating melodies, harmonies, and even entire compositions, the unique human touch that has traditionally defined music is at risk of being lost. This shift raises concerns about the authenticity of music and whether it can still be considered a genuine form of artistic expression when machines can replicate it so easily.

Moreover, the accessibility of these technologies can lead to an oversaturation of music in the market. Aspiring artists may feel pressured to rely on AI tools to produce music quickly and efficiently, which can diminish the value of their individual creativity and hard work. Instead of honing their craft and developing their unique sound, many may opt for shortcuts that prioritize quantity over quality. This trend not only affects the artists themselves but also influences listeners, who may become desensitized to the art form as they encounter a constant stream of generic, algorithm-generated tracks that lack emotional depth and originality.

In addition to these concerns, the reliance on technology in music production can create a disconnect between artists and their audiences. Music has always been a powerful medium for storytelling and emotional connection, but when the creative process is heavily influenced by algorithms, it can lead to a lack of authenticity that resonates with listeners. Fans often seek out music that reflects genuine experiences and emotions, and if artists are increasingly using AI to create their work, it may result in a loss of that personal touch. As the music industry continues to evolve with these advancements, it is crucial to find a balance that allows for innovation while still preserving the artistry and human connection that make music so impactful.

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AI generated image

Calcutta Canvas

Dr. Debjani Gupta

Consultant senior paediatrician

Narayana Multispecialty Hospital

Zenith Superspecialist Hospital

Past President Neonatology Society

West Bengal

Past East Zonal Coordinator IAP ALS

BLS



Dr. Debjani Gupta is a dedicated pediatrician and a proud graduate of R. G. Kar Medical College in Kolkata, where she honed her skills and knowledge in the field of medicine. Presently, she holds the position of Consultant at Narayana Multispecialty Hospital, where she provides exceptional care to her young patients.

Beyond her medical profession, Dr. Gupta is a multifaceted individual with a deep love for the arts; she enjoys painting, dancing, and writing, which allow her to express her creativity and connect with others. Looking ahead, she will be a regular contributor to our Calcutta Canvas section, where she will delve into and share her discoveries of unique and interesting places in and around Kolkata, offering readers a glimpse into the vibrant culture and hidden gems of the city.

Calcutta Canvas

Dr. Debjani Gupta, DCH MRCP (UK)
Consultant paediatrician and Neonatologist
Narayana Multispeciality Hospital, Howrah

Sri Shivashakti Annapurna Temple

A majestic temple on the east bank of the Hooghly River at Rani Rashmoni Ghat Barrackpore.

Built by Jagadamba Devi, the youngest daughter of Rani Rashmoni and wife of Mathuramohan Biswas.

Inaugurated and opened to the devotees in April 1875 by Sri Sri Ramkrishna Paramahansa Dev.

A replica of the Dakhineswar temple area wise though smaller but it is taller than the Dakhineswar mandir.

A lion gate guards the entrance and takes you into a grassy complex that also houses six Shivji temples to the west and the Natmandir. A short walk through the back gate leads to the Ghat and the river.



Calcutta Canvas

Dr. Debjani Gupta, DCH MRCP (UK)
Consultant paediatrician and Neonatologist
Narayana Multispeciality Hospital, Howrah



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Art - Paintings & Sketches

**Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.**



Dr. Kanchan Pathak, an Otorhinolaryngologist by profession, is a remarkable individual who graduated from the prestigious R. G. Kar Medical College in Kolkata. What sets him apart is not only his exceptional medical expertise but also his extraordinary talent for painting. It is fascinating to note that he is not just my classmate but also one of my closest friends, and witnessing his journey

as an artist has been truly inspiring.

Despite his demanding career in medicine, Dr. Pathak has managed to cultivate his passion for painting. What makes his artistic journey even more impressive is the fact that he is entirely self-taught. With sheer determination and an innate artistic flair, he has honed his skills to create breathtaking works of art.

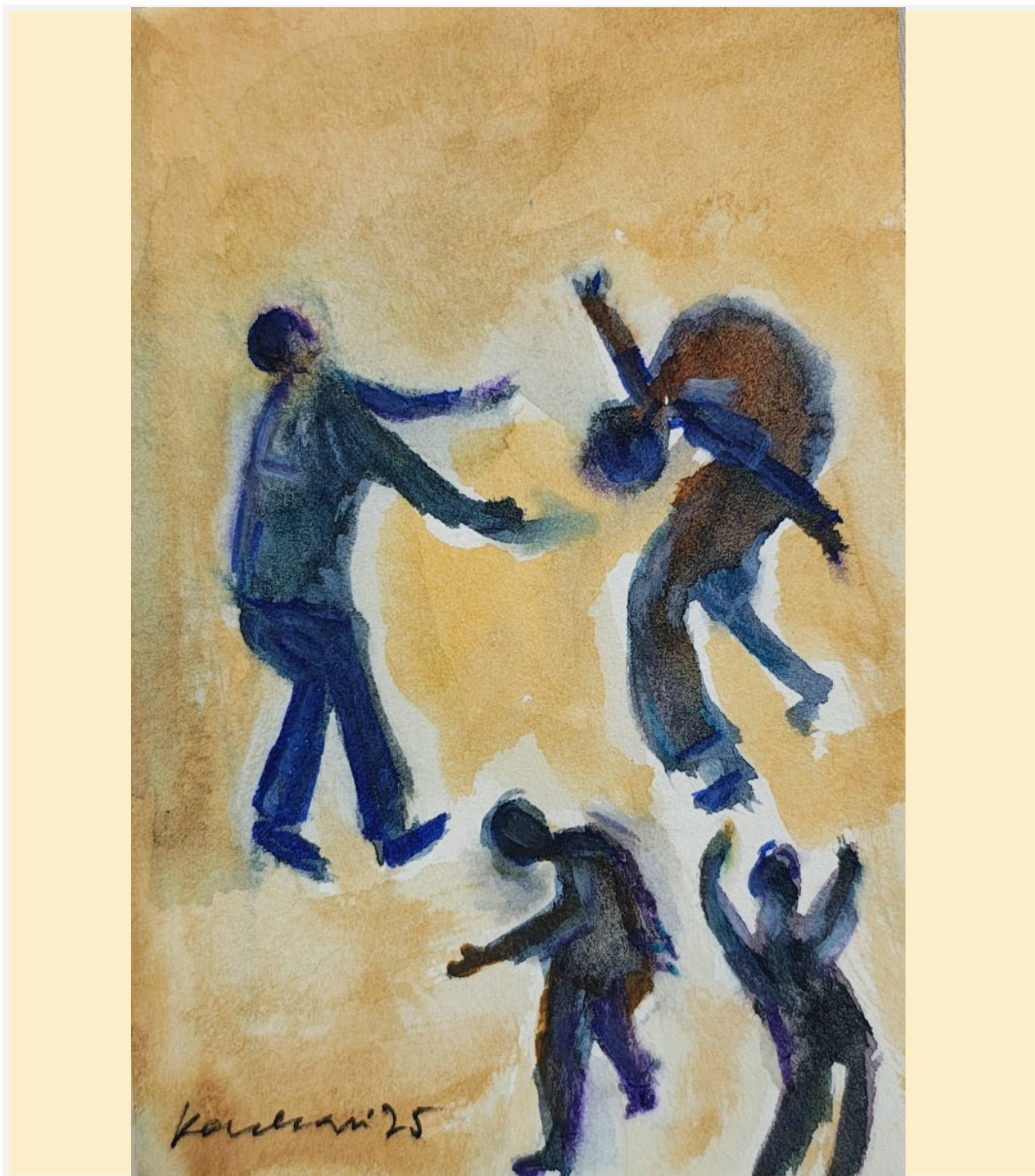
Dr. Pathak's paintings are a testament to his creativity and imagination. Each stroke of his brush reveals his deep understanding of colours, textures, and composition. His ability to capture emotions and bring them to life on canvas is truly awe-inspiring. From vibrant landscapes to intricate portraits, his artwork showcases a diverse range of subjects, each executed with precision and finesse.

What makes Dr. Pathak's paintings even more captivating is the depth of emotion they evoke. Whether it's a serene sunset or a poignant portrayal of human struggle, his artwork has the power to transport viewers into a world of beauty and introspection. His paintings are not merely visual representations but windows into his soul, reflecting his unique perspective on life and the world around him.

I wholeheartedly recommend taking a moment to appreciate Dr. Pathak's stunning paintings. Each piece is a testament to his dedication, talent, and unwavering passion for art. Whether you are an art enthusiast or simply someone who appreciates beauty, his artwork is bound to leave you mesmerized. Prepare to be amazed by the sheer brilliance and artistic prowess of Dr. Kanchan Pathak.

Art - Paintings & Sketches

Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Ulat Palat

Art - Paintings & Sketches

Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Kolkata Red Bus

Art - Paintings & Sketches

Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Tea Stall

Art - Paintings & Sketches

Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Varanasi Ghat

Art - Paintings & Sketches

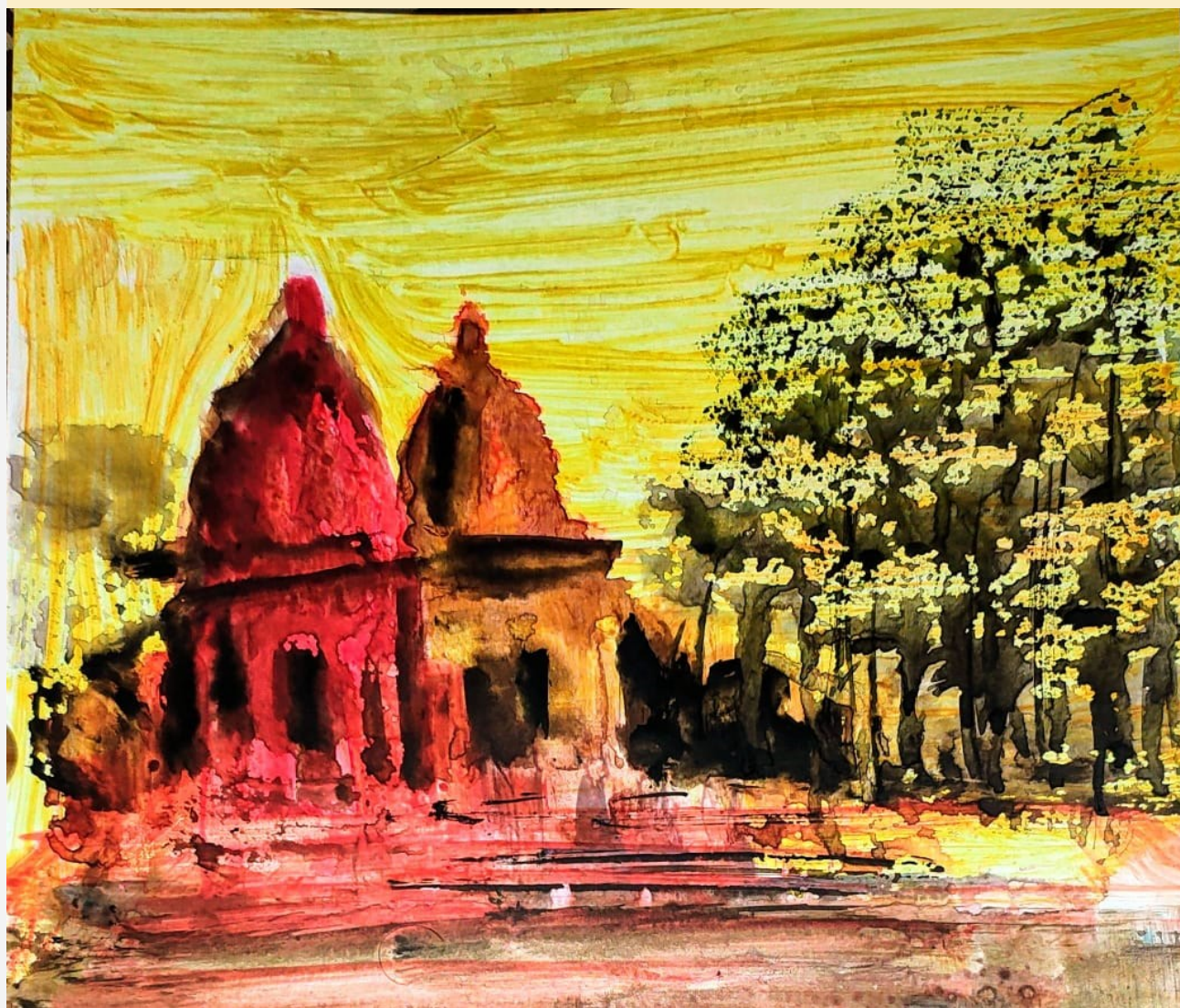
Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Varanasi

Art - Paintings & Sketches

Dr. Kanchan Pathak, MBBS, DGO, MS, Consultant ENT Surgeon,
Nayagram Multispecialty Hospital, Govt. of West Bengal West Bengal, India.



Twin Temples

Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



Dr. Bhupendra Kumar Manocha is a highly experienced Paediatrician and Neonatologist who has dedicated his life to the health and well-being of children for an impressive four decades. Based in Kolkata, he has built a reputable career as a Consultant Paediatrician at both Park Clinic and Bhagirathi Neotia Hospital, where he provides expert care and guidance to families navigating the challenges of child health.

Beyond his medical expertise, Dr. Manocha is also an accomplished artist, with a passion for sketching that has been a part of his life since childhood. His artistic journey culminated in a notable exhibition of his artwork in 2017, where he showcased his talent for a noble cause, using his art to raise awareness and funds for important social issues. This event not only highlighted his skills as an artist but also his commitment to giving back to the community.

While sketching remains his primary artistic focus, Dr. Manocha also possesses a keen eye for street photography. He captures the essence of everyday life through his lens, finding beauty in candid moments and the stories of people around him. His photography complements his sketches, allowing him to explore different facets of human emotion and experience.

Among his artistic endeavours, Dr. Manocha has created a series of sketches that beautifully portray women in various moods, each piece reflecting the depth and complexity of their emotions. These artworks invite viewers to connect with the subjects on a personal level, evoking empathy and understanding. I highly encourage you to check out some of his sketches; I believe you'll find them not only visually stunning but also deeply resonant. Dr. Manocha's ability to blend his medical profession with his artistic pursuits is truly inspiring, showcasing the multifaceted nature of his talents and passions.

Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



The Princess

Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



Beauty in simplicity

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Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



Meerabai

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Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



Demure

Art - Paintings & Sketches

Dr B. K. Manocha
MBBS, MD.

Consultant Paediatrician and Neonatologist.



Mrignaini

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Glamour Photography

Mr. Sushanta Bhadra,

MBBS, MD, DTMH, DNB, FRCOG, FRCGP, LLB., Clinical Director,
North Bexley PCN, United Kingdom, PCN



Sushanta's dedication to his medical profession is evident in his tireless efforts to provide the best care for his patients. He is known for his compassionate bedside manner and his ability to connect with people on a deeper level. His colleagues often seek his advice and guidance, as he is always willing to lend a helping hand.

In addition to his medical career, Sushanta's passion for photography is a testament to his multifaceted nature. His photographs capture the essence of the world around him, showcasing his unique perspective and artistic vision. Whether it's a breathtaking landscape or a candid portrait, Sushanta's photographs have the power to evoke emotions and tell stories.

Despite his busy schedule, Sushanta actively participates in photography exhibitions and competitions, where his work has received recognition and praise. His photographs have been featured in various publications and online platforms, further establishing his presence in the photography community.

Sushanta's commitment to his craft extends beyond capturing beautiful images. He also uses his photography as a means to raise awareness about social issues and promote positive change.

Beyond his professional and artistic pursuits, Sushanta is a kind and genuine person. He is always there for his friends and classmates, offering support and encouragement. His positive attitude and infectious enthusiasm make him a joy to be around, and he has a knack for bringing people together.

As Sushanta continues to excel in his medical career and pursue his passion for photography, there is no doubt that he will leave a lasting impact on both fields. His unwavering dedication, creativity, and ability to connect with others set him apart as an exceptional individual. I am grateful to have Sushanta as a classmate and close friend, and I am excited to see where his journey takes him next.

Glamour Photography

Mr. Sushanta Bhadra,

MBBS, MD, DTMH, DNB, FRCOG, FRCGP, LLB., Clinical Director,
North Bexley PCN, United Kingdom, PCN



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Reflections - An e-magazine showcasing the artistic talents of Medics**Oh Calcutta! Photography: Dr. Viral Parekh****Next issue in July 2025**

I am pleased to announce to release the 63rd. issue of Reflections! Please save the date, as the next issue is scheduled for release in July 2025. I extend a warm invitation to all medical professionals engaged in extracurricular activities to share their contributions with me. If your submission aligns with our quality criteria, it may be featured in our e-magazine.

I kindly request that you participate in this exciting initiative by submitting your materials in Word format, accompanied by high-resolution images. Additionally, please include a personal photograph, information about your workplace, and your email address. To ensure your submission is considered for the upcoming issue, please ensure it is received by June 25th. 2025.

Your feedback is invaluable! I am eager to learn your opinions regarding Reflections. What are your thoughts on the publication? How might we enhance it further? Whether your feedback is positive or offers constructive criticism, I encourage you to share your insights with me. If you provide feedback, I will ensure it is included in the next edition of Reflections. Please feel free to contact me at reflections2020@hotmail.com. Thank you for your support, and I look forward to hearing from you soon.

Dr. Viral Parekh.

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